

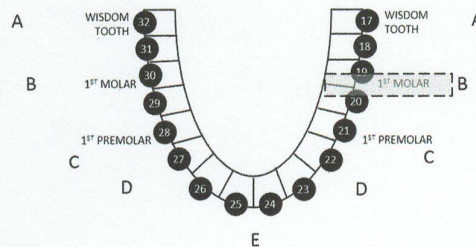
ALPHABET SOUP
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CHEWING HIERARCHY (FOOD)

The goal of a feeding hierarchy is to develop the underlying motor skills for a repetitive lateral bite, and jaw/tongue movements to support chewing.

1. **Feeding Chewing Hierarchy Level #1:** Present the strip perpendicular to the lateral molar ridge on the first molar or where the first molar will insert. Provide firm pressure into the strip-shaped bolus to stimulate a munch-chew. If necessary support the jaw with your nondominant hand. Work toward 4-5 repetitive bites on one side and then the other.



2. **Feeding Chewing Hierarchy Level #2:** Present the strip to the lateral incisor (or where the tooth will come in). Facilitate a bite on the lateral incisor and immediately move the stick-shaped bolus to the location of the first molar and facilitate a second bite. Repeat 4-5 times on one side and then the other. The therapist should look for tongue lateralization from the lateral incisor to the first molar.

